



AESTHETICS

FOR OUR PATIENTS

CO₂ Resurfacing shaped around you

your skin, your goals, your recovery

DEKA SMARTXIDE PUNTO • COOLPEEL® • FRACTIONAL & FULL-FIELD CO₂

We now offer CO₂ laser resurfacing on the DEKA SmartXide Punto — and we wanted to share the full picture with you. It's a personalised skin-resurfacing and collagen-remodelling treatment that can be tailored from a light, low-downtime refresh, through to deeper resurfacing and full-field resurfacing for concerns that need more.

You and your clinician choose the intensity together — around your skin, your goals, and the recovery time that suits your life.

INSIDE THIS GUIDE

- How it works
- Choosing your intensity
- What it can help with
- What recovery looks like
- Comfort & aftercare
- Common questions
- A clear guide to cost

How it works

A fractional CO₂ laser creates many tiny treatment zones in the skin. This prompts your skin's natural repair response and supports new collagen, while leaving the surrounding skin intact to help it recover. At its most intensive — full-field resurfacing — the laser treats the whole surface in a single session rather than scattered zones, for concerns where fractional coverage isn't enough. Collagen remodelling then continues gradually over the months that follow.

Choosing your intensity

Same technology, three levels of intensity — chosen with you.

THE LIGHT REFRESH

Refresh — CoolPeel®

Best for — early ageing, enlarged-looking pores, mild sun damage and texture, and gentle ongoing maintenance.

What to expect — a lighter treatment with minimal social downtime; most people are back to everyday activities within about 24–48 hours.

Your package includes — your staged aftercare, with a Synergie Skin starter trio (Dermiotic, HyalaVive and Vitamin B) for treatments to the face, neck or chest.

Full face \$700 · series of three (16 wks) \$1,955

THE MIDDLE GROUND

Resurface — Package

Best for — fine-to-moderate wrinkles, rough or crepey texture and enlarged pores from sun exposure; acne, surgical and traumatic scars.

What to expect — greater collagen remodelling, with more recovery: commonly 7 to 14 days through the peeling (plan for up to two weeks, not just one), then pinkness that fades over the following weeks.

Your package includes — the CO₂ treatment, a follow-up BBL, aftercare, and the full-size Synergie Skin serums (Dermiotic, HyalaVive and Vitamin B) from week four to support your skin barrier as it rebuilds.

Full face \$2,450

THE MOST COMPREHENSIVE

Full-field resurfacing — Package

Best for — deep, etched wrinkles (especially around the mouth and eyes); severe, generalised sun-damaged or crepey texture; and deeper acne scars such as icepick or boxcar.

What to expect — the surface heals in about two weeks (surface healing, not full recovery); redness then settles over one to a few months, helped by the included BBL. May involve sedation or anaesthesia, and is considered case by case with Dr Avery.

Your package includes — the CO₂ treatment, two follow-up BBLs, aftercare, and the full-size Synergie Skin serums (Dermiotic, HyalaVive and Vitamin B) from week four to support your skin barrier as it rebuilds.

Full face from \$7,350 · plus facility & anaesthetic

What it can help with

These can be treated at more than one intensity — what changes is how deep the concern runs. As a guide: early or mild signs suit the Refresh; fine-to-moderate wrinkles, texture and scarring suit Resurface; and deep, etched lines or significant scarring suit Full-field. Your clinician confirms the right level at your consultation.

- Fine lines and wrinkles, including deeper lines
- Uneven texture and enlarged-looking pores
- Acne, surgical and traumatic scars
- Some sun-related pigment — usually best addressed with BBL
- Crepey, fine or thinning skin — around the eyes, face and neck
- Overall skin quality and collagen support, including the décolletage
- The appearance of some stretch marks (assessed at consultation)

Resurfacing improves skin quality, texture and firmness. It won't lift significant sagging or replace lost volume — if that's your main concern, we'll go through the options better suited to it.

Who it may not suit

CO₂ resurfacing isn't right for everyone, and sometimes it's better to wait. Your clinician will go through your history and skin with you; it may not suit, or may need to wait, if any of these apply:

- An active skin infection, cold sore or inflammation in the area
- Recent isotretinoin (Roaccutane) use — timing will be discussed
- A tendency to keloid or raised (hypertrophic) scarring
- A skin type more prone to temporary pigment change after treatment — manageable with the right settings, preparation, sun protection and BBL where needed, but an important conversation
- Pregnancy or breastfeeding — we would usually wait
- Not being able to commit to sun avoidance and aftercare while the skin heals
- Hoping for “no downtime” from the deeper options, or expecting one session to achieve what is realistically a staged plan

This isn't a full list. At your consultation your clinician will go through whether it suits you and which intensity is right — results and recovery vary from person to person.

What recovery looks like

Recovery depends entirely on the approach you choose together. A light refresh fits easily around a normal week; the deeper and full-field options reach further and ask for more time.

Light refresh (CoolPeel®)

- Days 1–2 — redness similar to mild sunburn, with warmth and a feeling of tightness
- Days 2–4 — skin feels slightly rough, with light bronzing and fine flaking as it renews
- Back to normal — most people return to everyday activities within about 24–48 hours

Resurface (moderate-to-deep fractional)

- Days 1–3 — redness and swelling, a tight, sunburn-like feeling, and some light oozing in the first day or two
- Days 3–7 — bronzing, then fine (pinpoint) crusting, peeling and flaking as the outer skin sheds
- Days 7–14 — peeling settles and fresher skin emerges; pinkness then fades over the following weeks

Full-field resurfacing — the most comprehensive

- Days 1–4 — more redness and swelling than the fractional options, with oozing (weeping); the skin needs careful, consistent aftercare as the full surface heals
- Days 4–10 — peeling and crusting as new skin forms underneath — the most involved phase
- Around 2 weeks — for most people the new skin surface has healed and they return to everyday activities, often with light cover makeup. This is the surface healing, not full recovery — the settling continues, and some people take a little longer
- Weeks to months — a pink-to-red flush is a normal, expected part of healing, commonly one to a few months to settle fully (occasionally up to around six). It isn't a complication; it's what the included BBL sessions help to settle. Collagen remodelling continues for several months

These are typical timeframes. Your exact recovery depends on the approach, the area treated and your own skin, and your clinician will talk it through with you beforehand.

Comfort during your treatment

Comfort is planned around the intensity. A light refresh (CoolPeel®) is well tolerated with numbing cream and cooling. Fractional resurfacing uses the same approach — simply a stronger numbing cream, left on for longer, together with cooling; it doesn't need injections. Full-field resurfacing reaches further again, and may involve sedation or anaesthesia in an appropriate facility. Your clinician will discuss and tailor this to you well before the day.

Aftercare & follow-up

We'll give you a clear aftercare plan and the products to follow it. The lighter options fit easily around a normal week. The deeper and full-field options ask for more attentive wound care while the skin heals, with scheduled review visits so your healing is supported, reviewed and protected.

How often you'd have it

The refresh is often done as a short series and then occasional maintenance. Fractional resurfacing is usually just one or two sessions — with scar work sometimes needing a few more — then occasional, roughly yearly upkeep rather than a frequent series. Full-field resurfacing is, for most people, a one-off or

occasional treatment, with collagen continuing to remodel for months afterwards. Your clinician will map out a realistic plan for your skin.

Why BBL is part of the plan

Resurfacing works mainly on texture, fine lines and scarring. Sun-related pigment and any lingering redness are better addressed with BBL — a light-based treatment that targets redness and pigment. Because a longer-lasting flush and some temporary pigment change are a normal part of deeper recovery, BBL is built into the deeper CO₂ plans — one session with fractional resurfacing and two with full-field. With a CoolPeel refresh, lingering redness is uncommon, so BBL isn't included in the price — though it can be added if you'd like it.

Common questions

Answers worth having before your review. Anything else, bring it with you — that's what the review is for.

How does CO₂ resurfacing fit with your other skin treatments?

CO₂ resurfacing isn't a one-size-fits-all treatment, and it doesn't replace everything else. Its strength is collagen remodelling with real depth — softening deeper lines, improving thicker or more established scars, and refreshing weathered, sun-damaged texture; at full-field, it's the most comprehensive resurfacing we offer for severe, diffuse concerns. It's less suited to others — sun-related pigment and lingering redness respond better to BBL, which is one reason a BBL session is built into the deeper CO₂ plans. Whether CO₂ is right for you, and at which intensity, is a clinical decision made at your review — based on your skin, your concern and the recovery you can accommodate.

How is the CoolPeel® refresh different from a chemical peel or microneedling?

A superficial chemical peel is the lightest, simplest refresh, and how deeply it works depends partly on how your skin reacts on the day. CoolPeel's depth is set by the laser — precise and even — with a gentle collagen stimulus a light peel doesn't give. Microneedling, including RF microneedling, works by fine needle channels deeper in the skin: better for firming, but with less improvement in surface polish and tone. CoolPeel's strength is the surface itself — texture, tone, pores and glow. We'll recommend honestly between them.

Can I still have my anti-wrinkle injections?

Yes — they work on different things and complement each other. Injections soften the muscle movement behind expression lines; the laser works within the skin itself. We simply plan them as separate appointments rather than the same day: usually injections one to two weeks before your laser, or once the skin has fully healed afterwards, because we avoid injecting into skin that is still swollen and healing. Once your injections have settled, treating the skin's surface isn't expected to affect them. Your clinician will map out the order and timing with you.

Is CO₂ resurfacing suitable for deeper or pigment-prone skin tones?

Often, with the right care — and the honest answer is that the chance of pigment change (usually temporary, though not always) rises with treatment depth. The CoolPeel® refresh is the gentlest of our CO₂ options; fractional resurfacing sits in between, using conservative settings where needed; and full-field asks for the most caution. Careful assessment, preparation of the skin beforehand where recommended, and strict sun protection before and after all matter here. Some pigment conditions, such as melasma, can be aggravated by resurfacing — and sometimes a different treatment is simply the safer choice for your skin. If so, we'll tell you.

Is there an age limit?

There's no upper age limit. Suitability is about your skin and your health — skin type and condition, healing, medications, sun habits and realistic expectations — not your birthday. Skin that has gathered sun damage, lines or crepiness over the years is often exactly the skin resurfacing suits best. It's all assessed individually at your review.

An indicative guide to investment

As a guide only — your personalised plan and price are confirmed at consultation.

Refresh (CoolPeel®) — full face **\$700**; or a series of three over 16 weeks **\$1,955**.

Resurface — full face **\$2,450**, including a follow-up BBL session and staged aftercare with the full-size Synergie Skin serums (Dermiotic, HyalaVive and Vitamin B).

Full-field resurfacing — full face from **\$7,350**, including two follow-up BBL sessions and staged aftercare. Performed in a day-surgery facility; facility and anaesthetic fees are additional and quoted beforehand.

Medicare: for full-field resurfacing performed to treat severe scarring from trauma, burns or acne, a Medicare rebate may apply. It doesn't apply to cosmetic resurfacing, or to the lighter fractional treatments. We'll assess eligibility individually and explain what it means for your costs.

Start a conversation about CO₂ resurfacing

Booking your appointment. If you've had CO₂ resurfacing or a similar treatment with us before, or we've already discussed it together, you can book a review. If you're new to this — you haven't had a similar treatment or discussed it with us — you'll start with a consultation for our laser and aesthetic devices, so we can assess your skin properly first.

CO₂ resurfacing comes in three intensities, from a light refresh with minimal downtime to comprehensive full-field resurfacing for deeper, etched concerns. The right level — if any — depends on your skin, your history and what you want to change. Some things, like significant sagging or volume loss, are better addressed another way, and we'll say so if that's the case. We'll assess your suitability, talk through the realistic result and recovery for each option, and recommend the approach that fits — or let you know if the timing isn't right.

Book your review or consultation online

Online booking covers Refresh and Resurface reviews and device consultations. Full-field resurfacing can't be booked online — please call **(02) 4002 4150**.

Avery
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Uses fractional CO₂ laser technology (DEKA SmartXide Punto), including a CoolPeel® setting. Individual results and recovery vary; suitability, outcomes, the likely number of sessions and any risks are discussed at your consultation. Treatments to the face, neck or chest include staged aftercare with Synergie Skin barrier serums (Dermiotic, HyalaVive and Vitamin B). CoolPeel® is a registered trademark of its owner.
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